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National Academy of Psychology (NAOP), INDIA



National Academy of Psychology (India)

Towards continued development of psychology

BULLETIN OF NATIONAL ACADEMY OF PSYCHOLOGY

VOL. 4, NO. 1

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From the Editors:

Esteemed Members of NAOP Family,

We are delighted to present the first issue of the fourth volume of NAOP Bulletin before you. While we regret for the delay in bringing this volume, we hope that the contents of this volume would be informative as well as useful for you. With the new editorial team of this bulletin we are committed to provide you with the opportunity to know more about your organization and to participate in its various activities.

As always we seek your cooperation and support and request you to provide information that could be included in this bulletin.

Editors.....

Bulletin Editors

Dr. Yogesh K Arya, Banaras Hindu University, Varanasi

Dr. Tushar Singh, Banaras Hindu University, Varanasi

Dr. Sunil K. Verma, Vivekanand College, Delhi

Dr. Vijendra Pandey, Central University of Karnataka, Kalaburagi

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Messages



Greetings from the U.S. to my NAOP colleagues. We have launched a website <http://ReflectiveChoices.ttu.edu> with the goal of connecting undergraduate engineering students at Texas Tech with students in India and elsewhere. You are invited to visit the website and to contribute a case study or feature article, and to become a supporting partner. Please encourage your students to join the website and submit a comment to one of the case studies. It will take students approximately 20 minutes to participate, however, their contributions will become an important element in spurring the cross-cultural and cross-disciplinary dialogue between our students that is envisioned for this project.

My colleague, Dr. William Marcy, teaches undergraduate engineering ethics to Texas Tech students. We are especially interested in connecting with a professor in India who teaches ethics and is interested in developing collaborative methods of connecting students in discussions related to ethics.

Please email your comments and suggestions to roman.taraban@ttu.edu . Many thanks!

Prof. Roman Taraban

Department of Psychological Sciences
Texas Tech University, USA.



Dear NAOP Members,

I am really honoured and humbled by getting elected to the Executive Committee of NAOP. I especially want to thank the senior members of the NAOP who endorsed me. I look forward to them for guidance and support. I wish to focus my efforts on seeking and creating more learning opportunities for junior members. Once again, I thank everyone for giving me an opportunity to serve the NAOP'.

Prof. Govind Swaroop Pathak

NAOP Executive Council Member
IIT (ISM) Dhanbad



Dear Members of NAOP Family

My association with NAOP goes back to 2002 when I first attended NAOP Conference at IIT Kharagpur, and since then there has been no looking back. I wish to share my vision for the NAOP.

The first and foremost thing that needs to be looked at is the unification of the discipline and the ethical standards governing teaching, research and practice. I very strongly believe that NAOP should strengthen itself by integrating young faculty members, practitioners and students with itself. This shall provide a robust voice to the Association for National level policy making. My efforts would also be to enhance the impact of our discipline on the common man and make it more approachable. Apart from that I also sincerely hope that our international collaborations are intensified. The need of the hour is to have a problem focused orientation and a commitment to take the discipline to greater heights.

Dr. Sunil K Verma

NAOP Executive Council Member
Vivekanand College, University of Delhi



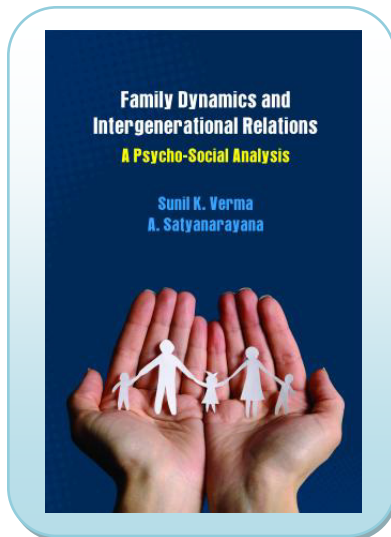
Dear NAOP Members,

As an EC member of NAOP, and after sharing a bond with the organization for a considerable time (almost 12 years) I feel I owe my sincere support to the organization. I want to see the organization stand at par with the foreign best like APA, APS, British Psychology Association, and others. The organization could be an inclusive and nurturant figure of the young aspiring psychology researchers. And, encourage exploration and innovation, while at the same time focusing on our indigenous ways of understanding the mind and behavior. There are ever increasing possibility for the science of psychology and our organization should aim to capture the essence of such growing possibilities. For achieving these objectives, my focus will be on-increasing the membership of NAOP, increasing more active participation of young psychologists in NAOP organization and its activities; increasing more involvement of students in NAOP; organizing and sponsoring more activities for psychology students/scholars; organizing the international conferences such as ICAP, IACCP, ICP, etc., in the next 15-20 years; making NAOP more visible and inclusive in terms of geographical boundaries.

Dr. Saurabh Maheshwari

NAOP Executive Council Member
Department of Psychology
Sikkim University

Latest Arrivals in Psychology



Family Dynamics and Intergenerational Relations: Psycho-Social Analysis

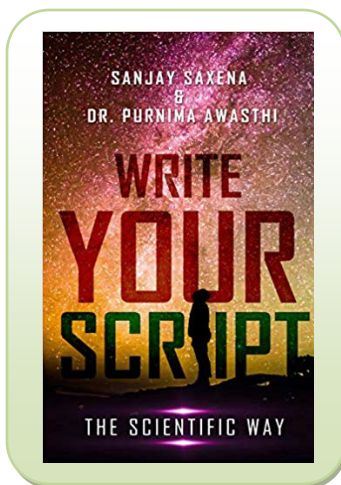
ISBN: 9789386682451

Year of Publication: 2018

Authors: Sunil K. Verma & A. Satyanarayana

Publisher: Concept Publishing Pvt. Ltd.

Description of the Book: Indian society is at the crossroad between the dynamism of modernization and stability of tradition. This is best reflected in the changing nature of intergenerational relations (IGR) in Indian families. The changes have attracted widespread attention from policy makers to public intellectuals, with some vociferously opposing the effects of modernity and some supporting the shift as rise of the individual. This book is a psychological mapping of interactions and relationships among different generations in terms of attitudes, beliefs, values, and familial role obligations. The integration of psychological, anthropological, and sociological perspectives enriches the content and provides a holistic view to readers.



Write Your Script

ISBN: 8193862465

Year of Publication: 2018

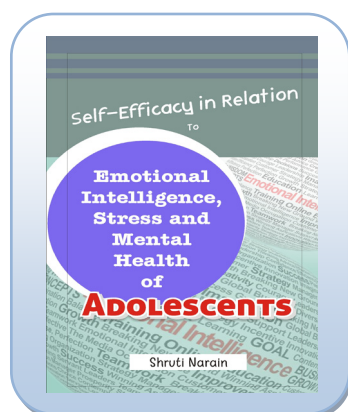
Authors: Dr. Sanjay Saxena & Dr. Purnima Awasthi

Publisher: White Falcon Publishing

Description of the Book: To have a beautiful, successful life we need a magnificent script for it. Who is writing the script of our life? Is the script of our life pre-written – is it predetermined by destiny, or are we writing it ourselves? What does science say about all this? According to latest researches and experiments in neuroscience, psychology, and quantum mechanics, it now seems clear that the script of our life is not pre-written, and that we are not consciously writing it either. If that is so, then who is? Is there any way that we can have full conscious control over our actions, and our destinies? How can we write our own script? How can we

utilize our full potential? How can we achieve something wonderful in life? How can we be contented and satisfied? How can we live a long, healthy, successful, and beautiful life?

This book is providing comprehensive scientific understanding about life and its relationship with universe. Since we know that our physical reality is just the extension of our subconscious program, hence this book offers proven scientific methods for reprogramming our subconscious and creates desired reality. Adopting the scientific practices recounted in this book, readers can swiftly engender extraordinary wealth and happiness in their life. Open this book and start writing brilliant script of your life.



Self efficacy in relation to emotional intelligence, mental health and stress of adolescents

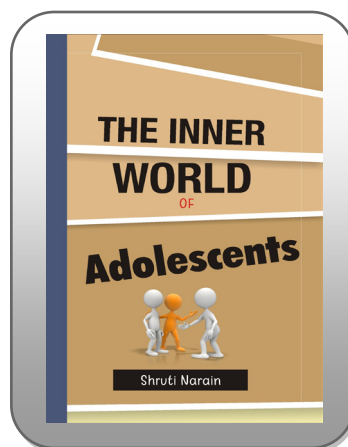
ISBN: 9789386616395

Year of Publication: 2018

Authors: Shruti Narain

Publisher: H. P. Bhargava Book House.

Description of the Book: *The book is based on the doctoral research of the author. It has both theoretical and practical implications.*



The inner world of adolescents

ISBN: 9789386616388

Year of Publication: 2018

Authors: Shruti Narain

Publisher: H. P. Bhargava Book House.

Description of the Book: *Based on the research work that explored the inner world of adolescents, this book has both theoretical and practical implications.*

SUBMIT TO NAOP BLOG

Send your blog articles (150-450 words typically but can be longer) to any topic related to psychology or closely associated disciplines by email to admin@naopindia.org with subject 'NAOP blog'. Anybody (both members and non-members) can submit articles for NAOP blog. Please send a brief bio note about the author.

Publications by NAOP Members

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- Das, J., & Khosla, M. (2018). Exploring the rich Flora and Fauna of North East India. In S. Mehta & A. Senrunga (Eds.), *North-East India: The Untapped Tourism Industry*, pp78- 84. Krishi Sanskriti Publications.
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Award/Honors to NAOB Members

- **Dr. Rupan Dhillon**, G.N.D.U. Amritsar Received **OUTSTANDING FACULTY AWARD** (2018) By Venus International Research Awards Foundation, Chennai , Tamil Nadu.
- **Mr. Tarun Mishra**, Department of Psychology, Banaras Hindu University was awarded the “Best Poster Award” in 105th Indian Science Congress 2018 under the section "Anthropological and Behavioural Sciences (including Archaeology and Psychology & Educational Science and Military Sciences)".
- **Dr. Tushar Singh**, Department of Psychology, Banaras Hindu University was awarded the “Early Career Researcher Travel Award” By International Council of Psychologists in the Annual Conference of International Council of Psychologists held at Montreal, Canada during June 23-25, 2018.

NAOB supported workshop on Narrative Psychology

A two days workshop on Narrative Psychology was conducted on 7-8 May, 2018 at Sikkim University. The workshop

was jointly organized by National Academy of Psychology, and the Department of Psychology, Sikkim University.



Participants of the two days workshop on Narrative Psychology

Dr. Ishita U. Bhardwaj, Department of Psychology, Delhi University was the resource person for the workshop. Total 30 graduate students (Masters and M. Phil/PhD) participated in the workshop.

The objectives of the two days workshops were to introduce the narrative method of data collection and give them training on how to collect narratives and analyze them. During the workshop participants learned about qualitative research pertaining to various perspectives/paradigms, role of biases, data as unit of analysis and conducting exercises for the students to have a firsthand understanding of narrative analysis. These exercises helped the students to acknowledge how their own inclinations and presumptions shaped the inference of participants' responses.

On the first day of the workshop, the morning session involved an interactive session with students where the resource person gathered student's knowledge on qualitative research, their doubts on various issues, followed by clarification by the resource person on the various concerns that were raised by the students. The afternoon session began by a discussion on exploring reflexivity in qualitative research followed by a comprehensive introduction to Narrative psychology. There was an experiential exercise involving analysis of an

anonymous letter where students had to identify the author and discover various themes that emerged from their analysis. This exercise was aimed towards exploring one's subjectivities where the resource person probed on why the participant believed what the author said in their analysis, various pointers were given to the students where they were made aware of their subjectivities. During the evening session a short film was screened, the students interpreted it and reports were then discussed where the resource person pointed out on how various interpretations could be made.

The second day of the workshop began with an exercise where the students made pairs and interviewed each other on the question, "what is the purpose of your life", every student was given 30 minutes to conduct and prepare the report of their interviews. After the interview each and every student presented their interview, where the resource person taught how the narratives had to be taken and analyzed. In the afternoon session participants were trained in various kinds of narratives, and how to analysis those. The workshop ended with concluding remarks by the resource person and workshop coordinator followed by feedbacks by the students and their reflections.

JOIN NAOP: BENEFITS TO MEMBERS

- All the members will receive the issues of the journal, Psychological Studies (Springer) of the membership year(s).
- All the members receive some discount in the conference Registration Fee from the organizers of NAOP annual conferences.
- Full members have the voting rights in electing the office bearers of NAOP that is done electronically every year in the month of November or December.

NAOP's Representative in IUPsyS



It's a matter of great joy and prides that Prof. **Prakash Padakannaya**, Former NAOP President and NAOP Fellow, was elected as a representative in the Executive Committee of IUPsyS in its Montreal assembly on June 30, 2018. Prof. Padakannaya was nominated by NAOP to represent India in the apex body. He also represented NAOP to the Alliance of Asia- Pacific Countries.

NAOP's Representatives in IAAP

NAOP has strengthened its position in the international psychology community. This year three NAOP members were elected as members in the “Board of Directors” of International Association of Applied Psychology (IAAP) for a term of four years. These three members are:-



Prof. Purnima Singh is Prof. & Head of the Department of Humanities and Social Sciences, Indian Institute of Technology, Delhi. She has been an active member of NAOP family and has been NAOP President.



Prof. Saswata Narayan Biswas is a Professor at the Institute of Rural Management, Anand (IRMA). He has been an active NAOP member and has been the member of NAOP Executive Council.



Dr. Tushar Singh is an Assistant Professor at the Department of Psychology, Banaras Hindu University, Varanasi. He has been an active NAOP member has been the member of NAOP Executive Council. At present Dr. Singh is NAOP Treasurer.

NAOP activities in ICAP 2018 at Montreal, Canada



A good number of NAOP members participated in 29th International Conference of Applied Psychology held at Montreal, Canada during 26th- 30th June, 2018. A glimpse of NAOP members' activities in ICAP 2018 is presented here.



- **Prof. R. C. Tripathi** gave a keynote address on the topic "*Un-Othering the Other: The Role of Shared Cultural Spaces*". The focus of his lecture was on understanding the process of othering and its contra process, un-othering, which facilitates peace building, largely within the context of the Indian society.



- **Prof. Janak Pandey** gave the presidential address of the division 3 of IAAP on the topic "*Evolving Dimensions of Psychology and Societal Development*". In his address he focused on the evolving dimensions of psychology and societal development in the Indian context.



- **Prof. Purnima Singh** gave an invited address on the topic "*Shared Social Spaces: Crossing Boundaries and Barriers*". In her address she focused on the shared spaces in contemporary Indian society and emphasized on the understanding of inter group relations with implications for policy formulations for societies of diverse nature.

- **Prof. Janak Pandey** organized an invited symposium on *Sustainable Societal Development*. Three presenters namely Prof. John Berry, Prof. R. C. Tripathi and Prof. Rolando Diaz-Loving participated in the symposium. Prof. Pandey talked about recent psychological science contributions related to social plurality and diversity leading to suggestions for policy measures to build sustainable harmonious societies with equal opportunities for economic prosperity, political participation and human development for all sections in national development. Prof. Berry talked about “*Mutual Intercultural Relations and Sustainable Development*” in which he focused on some policies and programmes that may improve the quality of inter-cultural relationships as a basis for sustainable human development globally. Prof. Tripathi’s talk was on the topic entitled “*Lessons from a sustainable freedom initiative in Indian Villages*” in which he emphasized on drawing lessons from a social intervention which was made to free a group of farmers. Prof. Rolando Diaz-Loving talked about *Culture and health citing examples from Mexican ethnopsychology*.

- **Dr. Tushar Singh** and Dr. Falu Rami organized a 90 minutes interactive session for doctoral fellows, post doctoral fellows and assistant professors in early phase of career to communicate and network with colleagues from different parts of the world. The program was well attended by early career researchers as well as senior members of IAAP and led to a discussion focused around the training and development of early career researchers around the world.



- **Prof Janak Pandey, Dr. Tushar Singh and Dr. Sandeep Kumar** attended the meeting with some colleagues from BRICS countries at ICAP 2018 Montreal to explore the possibility of greater co-operation in study of issues which are typical of emerging economies.



OUR NEXT CONVENTION



NAOP 2018
28th Congress of National Academy of Psychology 2018 (December 19-21, 2018)
At
University of Delhi, New Delhi, India
Organized by
Department of Applied Psychology,
Ramanujan College, University of Delhi,
NAAC ACCREDITED "A" GRADE
New Delhi, India



The National Academy of Psychology (NAOP), India and the Department of Applied Psychology, Ramanujan College (University of Delhi), India are pleased to announce the 28th Annual Congress of NAOP and International Conference with the theme "Towards Building Inclusive Societies". Since antiquity scholars across the world have been struggling to figure out the dynamics of social, political and economic changes in human life. The need to maintain, sustain and perpetuate healthy society has been emphasized in various ways. Indian wisdom has always emphasized balance (Samatva) and inspired to pursue the middle path and to avoid the extremes. It resonates with the idea that the seeker of happiness should feel content (Santosh), which is contrary to the hedonistic view that has dominated the psychological discourse for long. The current developments in positive psychology have enthused a positive movement in the discipline of psychology. However still, the image of human being promoted is skewed and ignores the ground realities in less developed countries. Against this backdrop, NAOP 2018 plans to dedicate this annual congress to address some relevant issues in contemporary Indian society. One of the key goals for social development is a society for all - a society that is based on social cohesion, people's participation, social integration, promoting equality and respect for diversity. We are fighting social exclusion based on race, gender, culture, language, ethnicity, age, physical disadvantage, economic disadvantage and many other social identities at a global level. It is important to understand the psychological processes underlying not just issues of social exclusion but social inclusion as well. India has a rich repository of indigenous knowledge about human nature, human development, social relationships, and societal development, which has found some application at the individual level but

not at the societal level. The congress attempts to open some dialogue on bridging the gaps between existing knowledge and its applications, as well as consider opportunities for advancing psychological knowledge.

This Congress intends to bring together academicians, professionals, researchers, NGOs and students to explore and share their knowledge related to various domains of psychology useful in the sustenance of a harmonious and inclusive society that caters to the well being of all. We thus invite you all from India and abroad to submit abstracts (maximum 200 words) of original, recent and ongoing research papers, proposals for symposia, and proposals for poster presentation that cover conceptual, hypothetical and pragmatic examinations pertaining to, though not constrained to the particular issues. We also request for proposals from academicians, professionals, and researchers for organizing preconference workshops related to teaching, research, and practice in Psychology.

IMPORTANT DATES

Submission of Abstract Begins

: June 1st 2018

Abstract submission Ends

: September 22nd 2018

Notification of Acceptance

: October 15th 2018

Pre-conference Workshop Application Ends

: October 15th 2018

Early bird Registration Deadline

: October 20th 2018

Late Registration Deadline

: November 20th 2018

Pre-Conference Workshops

: December 17th & 18th 2018

Conference Inauguration

: December 18th 2018 (5 PM)

➤ Distinguished Public Lectures/State of the art lectures/Key note addresses

- **Prof. V. S. Ramachandran**, Director, Center for Brain and Cognition; Distinguished Professor, Department of Psychology and Neurosciences, University of California, San Diego, USA.
- **Prof. Christine Roland-Levy**, President International Association of Applied Psychology, University of Reims, France.
- **Prof. David P. Redlawsk**, James R. Soles Professor and Chair, Department of Political Science and International Relations, University of Delaware, Newark; President, International Society of Political Psychology.
- **Prof. Bert Klandermans**, VU-University of Amsterdam, the Netherlands.
- **Prof. T. K. Oommen**, An Indian sociologist, author, educationist and Professor Emeritus at the Centre for the Study of Social Systems, Jawaharlal Nehru University, Recipient of Padma Bhushan.
- **Prof. Sudhir Kakar**, An Indian psychoanalyst, novelist and author in the fields of cultural psychology and the psychology of religion.
- **Prof. Kapil Kapoor**, Chairperson, Indian Institute of Advanced Study, Shimla, India.

➤ Prof. D. Sinha Memorial Lecture

- **Prof. Girishwar Misra**, Vice Chancellor, MGAHVV, Wardha, Maharashtra, India.

➤ Invited Addresses

- **Prof. Rolando Diaz Loving**, President, Division 3, Psychology and Societal Development, International Association of Applied Psychology, University of Mexico, Mexico.
- **Prof. Buxin Han**, Institute of Psychology, Chinese Academy of Science, Beijing, China.
- **Prof. D. P. J. Bhawuk**, Department of Management and Industrial Relations, Shidler College of Business University of Hawaii, Manoa, USA.
- **Prof. Sonia Suchday**, Ferkauf Graduate School of Psychology, Albert Einstein College of Medicine, Yeshiva University, NY, USA.
- **Prof. Merry Bullock**, Ph.D. Senior Director, Office of International Affairs, American Psychological Association, USA.
- **Prof. Jyotsna M Kalavar**, Georgia Gwinnett College, USA.
- **Prof. Karen John**, Ph. D. Vice President of UK Adlerian Society, Psychologist, Consultant, Trainer, Adlerian Psychotherapist and Supervisor/ Mentor of leaders of educational, social care and health services, Bath, UK
- **Prof. Marina Bluvstein**, Ph.D. Psychologist and Marriage and Family Therapist; Director of the Center of Adlerian Practice and Scholarship, Associate Professor, Adler University, Chicago. Cofounder of the Adler Academy of Minnesota, USA.
- **Prof. Evangelos Himonides**, Ph.D. Reader in Technology, Education, and Music, University College, London, U.K.
- **Vijaychandra Ramchandra, Ph.D.** Associate Professor, Department of Communication Sciences and Disorders, Marywood University, USA.
- **Tanzir Ahmmad Tushar**, Ph.D. Department of Psychology, Rajshahi University, Rajshahi, Bangladesh.
- **Apurv Chauhan**, Ph.D. Lecturer in Psychology at University of Brighton, London, United Kingdom.
- **Sammy Khan**, Ph.D. School of Psychology, Keele University, Keele, U. K.
- **Sridutta Chatterjee**, Research Fellow, Bengurion University of Negev, Israel.

- **D. N. Sinha Best Dissertation Award; NAOP Best Paper Award; Emerging Psychologists' Programme**

For complete conference information visit: <http://www.naop2018.in>

Our Advisers:

Prof. Arvind Sinha, Former Professor, Department of Humanities and Social Sciences, Indian Institute of Technology Kanpur.

Prof. U Vindhya, Professor, Tata Institute of Social Sciences, (Hyderabad Campus).

Prof. Manas K Mandal, Former Distinguished Scientist & Director General (Life Sciences), Defense Research and Development Organization, Government of India

NAOP Standing Committees

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CONFERENCE COMMITTEE	Prof. Shailendra Singh , IIM Lucknow
ACCREDITATION & CERTIFICATION	Prof. Damodar Suar , IIT Kharagpur
ETHICS COMMITTEE	Prof. Sonali De , University of Calcutta

A gentle reminder to honored members:

All the members are requested to pay their membership dues so as to retain their association with NAOP. You are also requested to support NAOP by encouraging your colleagues and students to join NAOP. All the membership enquires can be sent to the Treasurer, Dr. Tushar Singh (tusharsinghalld@gmail.com), Department of Psychology, Banaras Hindu University, Varanasi, U. P. India

Please send your feedbacks/ comments on this bulletin to the editor Dr. Yogesh Kumar Arya, at yogeshatbhu@gmail.com